

**马来西亚精武总会主催**  
**怡保中国精武体育会主办**  
**第 28 届马来西亚全国精武嘉年华会**  
**武术比赛章程**

1. **宗旨：**加强各地精武友会的联系，发扬并提高精武会友之武术水平。
2. **参赛资格：**马来西亚各地精武友会均可参赛。也欢迎世界精武联谊机构属下合格友会参加。
3. **武术套路赛**

**参赛队伍：**每一参赛队可报领队 1 名，教练员 1-2 名，运动员不超过 16 人，年龄组别不拘。

年龄组别及比赛项目：

A 组：12 岁或以下（2001 年 1 月 1 日以后出生者）。

B 组：13-16 岁（2000 年 1 月 1 日 - 1997 年 12 月 31 日出生者）。

C 组：17-20 岁（1996 年 1 月 1 日 - 1993 年 12 月 31 日出生者）。

D 组：21-30 岁（1992 年 1 月 1 日 - 1983 年 12 月 31 日出生者）。

E 组：31-40 岁（1982 年 1 月 1 日 - 1973 年 12 月 31 日出生者）。

F 组：41-54 岁（1972 年 1 月 1 日 - 1959 年 12 月 31 日出生者）。

G 组：55 岁或以上（1958 年 1 月 1 日以后出生者）。

**A 组 (12 岁以下)**

精武基本套路：挡拳、功力拳、八卦刀、群羊棍、接潭腿（任选 2 套）。

国际青少年规定套路：三段长拳、乙组刀术、剑术、棍术、枪术

（可报一套长拳及任选一套器械，共不超过 2 套）。

传统套路：各流派的拳术及各种器械（任选 1 套）。

**B 组 (13-16 岁)**

精武基本套路：大战上、散拳、达摩剑、露花棍、接潭腿（任选 2 套）。

国际规定套路：第一或第二套国际规定套路中的长拳、南拳、太极拳、刀术、剑术、棍术、枪术、太极剑、南刀、南棍（任选一套拳术及一套器械，共不超过 2 套）。

传统套路：各流派的拳术及各种器械（任选 1 套）。

**C 组 (17-20 岁)**

精武基本套路：节拳、崩步拳、闪光剑、五虎枪、单刀串枪（任选 2 套）。

国际竞赛套路：自选长拳、南拳、太极拳、刀术、剑术、棍术、枪术、南刀、南棍、太极剑（任选一套拳术及一套器械，共不超过 2 套）。

传统套路：各流派的拳术及各种器械（任选 1 套）。

### **D组 (21-30岁)**

精武基本套路：迷踪头套拳、大战上、抱月刀、奇门棍、地盘捶（任选2套）。

国际竞赛套路：自选长拳、南拳、太极拳、刀术、剑术、棍术、枪术、南刀、南棍、太极剑（任选一套拳术及一套器械，共不超过2套）。

传统套路：各流派的拳术及各种器械（任选1套）。

### **E组 (31-40岁)**

精武基本套路：大战下、挡拳、雪片刀、张家枪、单刀串枪（任选2套）。

国际竞赛套路：自选长拳、南拳、太极拳、刀术、剑术、棍术、枪术、南刀、南棍、太极剑（任选一套拳术及一套器械，共不超过2套）。

传统套路：各流派的拳术及各种器械（任选1套）。

### **F组 (41-54岁)**

精武基本套路：谭腿下六路、挡拳、雪片刀、露花棍、接谭腿（任选2套）。

传统套路：各流派的拳术及各种器械（可选报1套拳术及一套器械，共不超过2套）。

### **G组 (55岁以上)**

精武基本套路：十字战、谭腿上六路、八卦刀、群羊棍、接谭腿（任选2套）。

传统套路：各流派的拳术及各种器械（可选报1套拳术及一套器械，共不超过2套）。

注：每组同一项目中，不得超过3人选报。

4. **时间**：精武基本套路及国际青少年规定套路不设时间限制。国际规定、竞赛套路中的长拳、南拳、刀、枪、剑、棍、南刀、南棍不得少于1分20秒，太极拳3-4分钟，太极剑2-3分钟。传统套路不得超过3分钟，套路过长者，演练至3分钟时，裁判长鸣笛示意，即可收式。
5. **集体项目**：每队可报一项集体项目，由六人以上组成队伍，年龄性别不拘，演练时必须配乐，时间为3-4分钟。
6. **参赛服装**：精武基本套路，必须是精武13连环扣，颜色布料不限。其他项目必须是武术比赛服。
7. **器械**：各队运动员须自备比赛器械，精武基本套路必须是硬质器械。
8. **裁判**：每一参赛队参赛人数达8名或以上者，可派1-2名合格裁判，组成裁判团执行裁判工作，不足者，由主办单位补足。裁判的膳宿将由主办单位负责。
9. **评分**：赛会将采用国际武术联合会审定“2005国际武术套路评分法”中之5.5评分法。
10. **奖励**：所有项目均分为男女个人单项性质，各项录取前六名颁发：金、银、铜牌及奖状，第4、5、6名颁发奖状。项目中如有人数不足者，将作混编进行比赛。国内团体总冠军，颁发叶氏三雄常年盾。国外总冠军，颁发总冠军奖杯。
11. **申诉**：本赛会不设仲裁委员会，不接受任何申诉，裁判之判定为最后判决。

## 武术散打赛

A组：男女少年组：15 - 17岁（1998年1月1日 - 1996年12月31日出生者）。

B组：男女青年组：18 - 20岁（1995年1月1日 - 1993年12月31日出生者）。

C组：男女成年组：21 - 30岁（1992年1月1日 - 1983年12月31日出生者）。

级别：42kg, 48kg, 52kg, 56kg, 60kg, 65kg, 70kg, 75kg。

体检：参赛者在抽签，称体重时，同时进行体检。

竞赛规则：严格根据2005年版本国际武术散手竞赛规则

主办单位将视各友会的反应，报名情况，而决定比赛形式。

套路 / 散打报名日期：第一次报名4月30日前。第二次（最后）报名6月15日前。

申诉：本赛会不设仲裁委员会，不接受任何申诉，裁判之判定为最后判决。

**本总则如有未尽善处，主办单位将有绝对权力删改之。**

# **28<sup>th</sup> MALAYSIA NATIONAL CHINWOO CARNIVAL AND INTERNATIONAL CHINWOO WUSHU & CULTURAL CARNIVAL 2013**

## **Wushu Tournament Rules and Regulations**

### **1. OBJECTIVES**

- 1.1 To strengthen ties and good relations between all Chinwoo Associations
- 1.2 To provide and upgrade wushu among all Chinwoo Associations.

### **2. ELIGIBILITY**

All Chinwoo Associations of Malaysia as well as other world Chinwoo Associations are eligible to participate.

### **3. TEAM COMPOSITION**

Each team shall consist of the following:-

- 1 Team Manager
- Maximum of 2 Coaches
- Each team is restricted to not more than **16** athletes in total (male/female, group, event not restricted)
- Additional athlete is subject to additional surcharge.
- Each participating country is restricted to a maximum of **2** teams.

There will be 7 age groups (A – G):

Group A – 12 years and below

Group B – 13 years – 16 years

Group C – 17 years – 20 years

Group D – 21 years – 30 years

Group E – 31 years – 40 years

Group F – 41 years – 50 years

Group G – 55 years and above

## **COMPETITION EVENTS**

### **3.1 Group (A)**

Chinwoo Basic Routine:

Dang Quan, Gongli Quan, Bagua Dao, Qunyang Gun, Jie Tantui 1-6

Compulsory routine – Chang Quan, Dao Shu, Jian Shu, Gun Shu & Qiang Shu.

(Permitted to select set events – free hand set, short or long weapon set, but must select Chang Quan plus any other. Total should not exceed 2 sets).

### **3.2 Group (B)**

Chinwoo Basic Routine:

Dazhan Quan 1<sup>st</sup> part, San Quan, Damo Jian, Luhua Gun and Jie Tantui.

(Permitted to select set events – free hand set, short or long weapon set and set sparring. Total should not exceed 2 sets)

International Compulsory Routine:

Chang Quan, Nan Quan, Taiji Quan, Dao Shu, Jian Shu, Gun Shu, Qiang Shun, Taiji Jian, Nan Dao and Nan Gun.

(Permitted to enter for 1 set free hand set and 1 set of short/long weapon. Total should not exceed 2 sets).

### **3.3 Group (C)**

Chinwoo Basic Routine:

Jie Quan, Bengbu Quan, Sanguang Jian, Wuhu Qiang, Dan Dao Chuan Qiang.

(Permitted to select 2 set events – free hand set, short/long weapon set and set Sparring).

International choice of Chang Quan, Nan Quan, Taiji Quan, Dao Shu, Jian Shu, Gun Shu, Qiang Shu, Nan Dao, Nan Gun and Taiji Jian.

Traditional:

Free choice of Quan routine and Free choice of weapon routine.

### **3.4 Group (D)**

Chinwoo Basic Routine:

May choose to enter a set of Mizong Tou Tao Quan, Dazhan Quan 1<sup>st</sup>, Baoyue Dao, Qimen Gun, Dipan Chui..

(Free choice of any 2 routines)

International:

(As in Group C)

Traditional:

Free choice of Quan routine and Free choice of weapon routine.

### **3.5 Group (E)**

Chinwoo Basic Routine:

Dazhan Quan 2<sup>nd</sup>, Dang Quan, Xueping Dao, Zhang Jia Qiang, Dandao Chuan Qiang.

(Free to select any 2)

International:

(refer to notes for Group C International).

Traditional:

(As in notes for Group C Traditional)

### **3.6 Group (F)**

Chinwoo Basic Routine:

Tantui 7-12 lu, Dang Quan, Xueping Dao, Luhua Gun, Jie Tantui

(Free to select any 2)

Traditional:

Free choice of 1 Quan and 1 weapon.

### **3.7 Group (G)**

Chinwoo Basic Routine:

Shizi Zhan, Tantui 1-6lu, Bagua Dao, Qunyang Gun, Jie Tantui.

(Free choice of any 2 routines)

Traditional:

Free choice of 1 Quan and 1 weapon routine.

For every category, there should not be more than 2 entries for the same event.

## **4. TIME ALLOCATION**

Chinwoo Basic Routine, International Youth (Group A) – no time limit.

All other international categories are allowed the following:-

Taiji quan - 3-4 minutes

Taiji Qiang - 2-3 minutes

Others - must exceed 1 minute 20 seconds.

## **5. TEAM EVENTS**

Every team can send a team consisting of 6 or more (regardless of age and gender). Each performance must be accompanied by music which las 3 – 4 minutes.

## **6. COSTUME**

Competitors are expected to wear appropriate costume for the category of event they are entering.

For the Chinwoo Basic Routine events, competitors are required to wear the top piece with 13 simultaneous buttons and traditional lantern pants.

For the other events, competitors must compete and perform in traditional Chinese martial arts costume. Competitors wearing singlets and "T" shirts are **not allowed** to take part in the competition.

Judges are requested to provide their own black coloured long pants with belt and buckle and also black coloured footwear. The top piece will be provided by the Organizer.

## **7. SCORING SYSTEM**

The Organizer will use 2005 scoring system.

For Chinwoo Basic Routine a 6, 2, 2 point scoring system will be adopted. For competitive events, a 5, 5 point scoring system – 5 points for movement quality and 5 points for performance standard.

The ranking system shall separate local from international competitors but if they are the same, no separation will be done.

## **8. JUDGES**

Each participating team may send 1 – 2 experienced judge(s) to form a judging panel in order to carry out judging duty. In the event of insufficient judges, the Organizing Committee reserves the right to appoint additional judges.

During the tournament, all judges will be provided with board and lodging and inland transportation. International airfares will **not be provided**.

## **9. WEAPONS AND EQUIPMENT**

Each participating team is expected to bring along their own competition weapons and equipment. All weapons and equipment used must conform to the specific requirements set by the IWUF.

## **10. PLACINGS AND AWARDS**

Medals (Gold, Silver and Bronze) will be awarded to the top 3 (three) places of each event. For events with 8 competitors or more, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> placing will be awarded with placing certificates.

Overall National Champion will be awarded a CHAMPION TROPHY, which must be returned to the organizer for the next carnival.

Overseas Chinwoo participants with the highest score will receive a trophy for their outstanding achievement.

11. The Organizing Committee reserves the right to combine categories and or, to group categories if entry level falls short of the minimum level.

## **FREE SPARRING**

A Category (15-17 years) Boys A & Girls A

B Category (18-20 years) Boys B & Girls B

C Category (21-30 years) Men and Ladies

Weigh Category: 42 kg, 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg

Body Check : When the draw is made, a weigh-in and body check will be done.

Rules & Regulations : To follow the 2005 version.

## **JURY OF APPEAL**

There will be no Jury of Appeal. The judges' decision is final and binding and no appeal shall be entertained.

## **FINAL DECISION**

Organizers shall determine the various categories after entries have been received and finalized.

**Closing date: 30<sup>th</sup> April 2013 (initial)  
15<sup>th</sup> June 2013 (final)**

The Organizers also reserve the right to cancel or reinstate any category it may deem fit.